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| Date 03/10/2015 | Clinician | | | Questionnaire | | | Attachment |
| Notes 30 + year h/o episodic biphasic mental illness with strong family h/o bipolar disorder. Currently, severely depressed.  Plan: T Cital 20 mg hs; T Risp 0.5 mg hs; r/v 1 wk.  10/10/15: Slight improvemet; Plan: Incr T Cital 30 mg hs; r/v 1 wk.  18/10/15: Same; Plan: Stop T Risp and Start T Quet 12.5 mg hs; Incr T Cital 40 mg hs; r/v 2 wks.  14/11/15: slight improvement;Plan :Incr T HPL 5mg-0-10mg; r/v 1 wk.  21/11/15: Better, Tremors present; Plan : Start T Sod Val CR 200mg BD; T Risp 8mg HS;Decr T HPL 10mg HS; Change T THP 2mg 2-1-0; r/v 1 wk.  28/11/15: overall better ;Plan: Decr T HPL 5mg 0-0-1;Incr T Sod Val 200-0-500mg; ; r/v 1 wk  05/12/15: Well; r/v 1 week.  12/12/15: better, but today mildly irritable.Plan: Incr T Sod Val 500 BD;r/v 1 wk.  19/12/15: Reasonably well; Plan: same; r/v 3 wks  09/01/16: Well;Plan: Decr T. HPL 2.5mg 0-0-1;R/v 1 wk.  16/01/16: Well. Plan: Stop T HPL; r/v 2 wks.  30/01/16: Well. r/v 2 wks. | | | | | | | |
| Diagnosis: Bipolar affective disorder  No: | | | 3 Month Clinical Outcome | | | Medication | |
| Patient Number | | 3 | | |
| Patient Forename | | Rema | | |
| Patient Surname | | B | | |